

Brain and Spinal Tumors Incidence Annual Audit 2017 of Dept of Neurosurgery Khoula Hospital Muscat Oman: A Review

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Abstract Brain and spinal tumors contribute to the main bulk of neurosurgery work in any Neurosurgical center. Effective audit of the work of a neurosurgical center amounts to earmarking the areas needing improvement and hence an enhanced patient care. Our department also performed an annual audit of the cranial and spinal tumors dealt in one year and analyzed the results. Benign to malignant all varieties of cranial tumours were seen in a small population of a country like Oman, however state of art diagnostic facilities were used to diagnose, treat and follow up the patients. Careful eye was kept on the pseudoprogression of the tumours as repted in the radiological reports. Results revealed a standard distribution of the tumours seen in other centers reported in the literature. Extent of tumour excision was done in standard guidelines keeping patient useful outcome in mind. Resurgery in maligant tumours were offered in young patients if comes back with recurrence.

Keywords: Brain and spinal tumors, incidence, pseudopogression of tumours

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1. Introduction

Neurosurgery work in any center revolves mainly around the neoplasms benign or malignant excised with type of outcome seen. A scientific analysis of the same over a period gives the ways to improve upon the shortcomings encountered. An analysis of a period of 1 yr was done in Dept. of Neurosurgery Khoula Hospital Muscat Oman. Tumours ranged from astrocytomas to medulloblastomas and from pituitary adenomas to schwanomas. Outcome was carefully studied and rectification measures taken to improve upon the service.

2. Materials and Methods

All patient who were admitted in our department were carefully questioned for a detailed history, examined minutely, substantiated by the imaging and other studies to diagnose and then carefully after a detailed discussions with family regarding all possible risks and benefits surgical excision was planned and accomplished. Initial ICU care for 1 day post operatively, patients were transferred to the ward for continuation of nursing care and physiotherapy and 3 rd day discharged home if no unforeseen event occurred.

Careful follow up was done. Special emphasis was laid upon pseudoprogression identification by combining

special arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging.

3. Results

A total number of 1419 patients were admitted to the department in 2017. Out of that 136 patients were of cranial and spinal tumors. Out of that Omani patients were 127.Non-Omani patients were 9, Yemeni 3, Bangladeshi 2, Indian 2, Filipino 1, Tanzanian 1. Brain cases were 125. Spinal cases were 6. Scalp lesions were 5. Sex differentiation wise males were 67 (53.6%) and female were 58 (46.4%). New cases were 104. Recurrent or old cases were 21. Out of brain cases operated cases were 88. Non-operated cases were 37.

Meningioma formed the main bulk making 21 cases of total. 11caes of pituitary adenomas were seen. Metastasis were seen in 11 patients. 6 cases of schwannoma were seen. 6 cases of ependymomas were seen.

Glioblastoma multiforme was seen in another 5 patients. 5 cases were astryctomas were seen. Medulloblastomas cases were 4. Oligoastrocytomas made 3 of the bulk. Oligodendroglioma cases were 2. 2 cases of lymphoma were seen. 2 cases of ganglioglioma were seen. Craniopharyngioma cases also were 2. Chordoma also were 2. 1 case of oligoglioma, 1 case of neurofibroma, 1 case of atypical glioma, 1 case of epidermoidtumour, 1 case of gangliocytoma and one of other group territory were seen.

OPERATED BRAIN TUMOR CASES

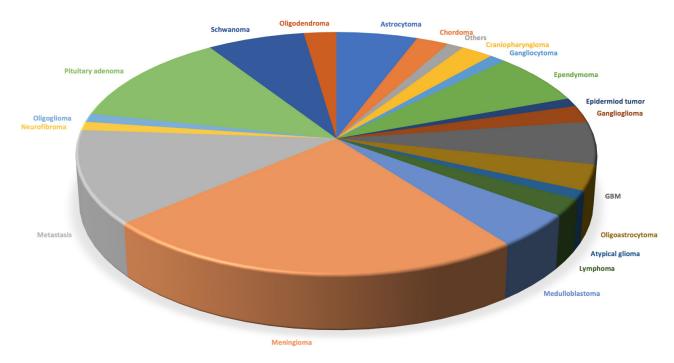


Figure 1 Overview of tumour sseen

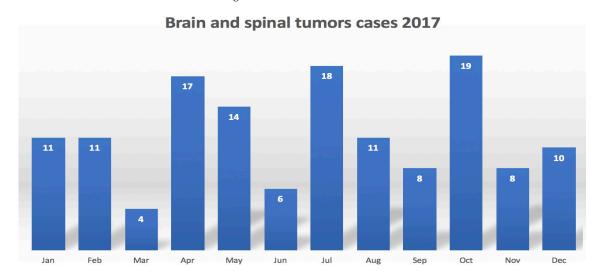


Figure 2. The monthly tumor pattern

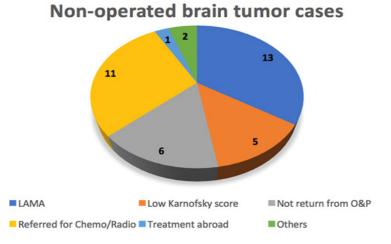


Figure 3. The non operated category

	3 C	_	_	F	G	H	I		K	L M N O P Q R S T U
kame Natio amil Omar	rality ID	Age	Gender M	Brain vs. Spine R	New/Old O	Location Rt. Frontal	1/7 Meningiona	treatment type Bi-Frontal C&E	F/U CSF rhinorreha, operated	Other Opentated in 2014 for meningions.
yan Omar		00 19Y	F	Brain	N	Lt. Frontal	Oligodendroma	Experi-ventricular fronto-parietal craniotomy excision of lesion	(1) CSF leakage from cranistomy site (2) surgical site infe	
na oman		71 45 Y	F	Brain	N	Ltparietal	Meningioma WHO-1	It pariatal craniotomy and excision of lesion	I weeks: wound discharge and signs of wound debiscence	
arima oman ii Oman		97 32 Y 83 53Y	F M	Brain Brain	N N	Pituitary Lt.CP angle	Fituitary adenoma Schwanoma	Rt.pterional craniotomy and excision of sellar lesion Lt. Retromastiod craintenry and excision of SOL	2 weeks: GCS15/15, VF intact, VA 6/12 7th LMN palsy treated with acupaneture	
an onar ania Omar		05 41Y	F	Brain	N	LCCF angle	Meningothelial meningioma WHO-1	Bifornial creatotomy and excision of offactory groove meningor		ity ars dyuadriparesis
ousif Omar	i 9338	07 53Y	М	Brain	N	Rt. Temporal	Atypical meningioma Grade 2	Rt. Frontal crainstomy and exicion of SOL	Day 1 post up hone flap removed because of dropping in 0	GCS, CT showed sig middline shift / 2 monthlater: collection in the operative site, febrile, EVD inserted, vancomycin irrigation done, 4 month later
kasna Omar Kafaja O		109 30Y 102 43Y	F	Brain R	0 N	Lt. Frontal Lt. Spheniod	Meningioma grade I Meningioma G I	Lt. Frontal craintomy and exicien of SOL. LT. Temporal C&E	decrease hearing in the LL side + convultions + Difficulty in hearing	K/C of NF 2, CP angle tumors and multiples meningismas. Operated for menigisma in 2011 + Operated for CP angle schwaroma in 7/17
Achammed Omar		940 20Y	М	Brain	N	an opinional	Filocytic Astrocytoma WHO 1	It Subscriptal craniotomy and excision of lesion	Doing well	
Zahran Omar		28 45Y	М	Brain	N	Lt.Frontal and parital	9	Not operated / Not fit	Expired	Multiple co-morthidrities, renal and cardiac disease, MRI not done
Marseor Omar luma Omar		62 33Y 35 32Y	M	B R	N N	Multiple Multiple	? Lymphoma	Not operated Rt. Temporal C&E	Expired Expired	K/C of H/V and HBV K/C of HIV
Reen Omar		43 7Y	F	Brain	0	Lt.fronteParietoTemporal	Anaplastic Ependymoma WHO 3	Expired	Expired	WE VEHA
Marhoon Omar		03 43 Y	М	Brain	N	Sellar/Suprasellar	Adamentinometous craniopheryngiona		Expired	
ssa 0 Vasta 0		82 38Y 109 30Y	M	B R	N O	Insular Rt. CP angle	Oligoastrocytoma G 2 Schwanoma/ Menigioma	Lt. Fronta temoral C % E Rt. Retromastical subscripita; craiotomy and excision of CPA tun	Expired » Facial place	Operiod case for meringioma
Maryam 0	9076	49 3Y	F	В	0	Cerebellum	Medulloblastoma	Post. Fosse Redo C & E	Guit ataxia	Visit and the samples
lulie O		61 55Y	F	В	N N	Rt. Thalarric	Mets from Lung adenocarcinoma	Rt. Fronto burrhole and vario Guide biopsy	GCS:10	
funa Omar funa Omar		183 46Y 158 38Y	F	Brain Brain	N N	Rt.cerebelum Rt.Frontal	Mets from Breat Adenocarcinama Diffuse Astrocytoma Grade 2	Rt.Sub-Occipital paramedian craintomy & excision of Po.fossa m Rt.Frontal ensistemy and excision of SOL	Good	
keelam Indian	9298	48 56Y	F	Brain	N	Rt. Frontal	Ependymoma Grade 2/3	Rt. Frontal crainstomy and exicion of SOL	Good	
Sayan Omar Sainah O		03 16Y 27 25Y	F	B R	N N	Rt. Cerchellar	Medalloblastoma Grade 4	Rt. Paramedian subscripital craniotomy and excision of SOL.	Good	
fainab O Azza Omar		127 231 167 48Y	F	Brain	N N	Rt. Frontal Lt. Frontal	Meningioma G2 Meningioma grade I	Rt. Fronto Tempro Parietal C and EX Lt. Frontal craintomy and exicinn of SOL	Good Good	
adhela Tanza	ni 9203	18 72Y	F	Brain	N	Lt. Fronts TemporoParietal	Meningioma grade I	Lt Fronto-Temporal craiotomy & excision of Sol	Good	
Shemsa Omar		77 59Y	F	В	N N	Multiple	Mets carcinoma	Rt. Pterional C&E	Good	No know primary source. I.N in the axilla
Shamsa Omar Fatema Omar		946 64Y 175 25Y	F	В	N N	Post. Fossa BL CPA	Mets from lung / muciruos adenocarcia Neurofibroma	r ros. rossa Cect: CVI approach and E	Good Good	K/C of neurofibruma
Virnel Omar	i 9408	58 44Y	М	В	N	Piutitary	Adetoma	Endoscopic assissted trans spheniadal pituitary adenoma	Good	
Vrául Aziz Omar Vrául Aziz Omar		96 5Y 148 23Y	M	B R	N N	4th ventricule Intraventricular	Anaplstic ependymoma G3 Atomical control morniculums	Post, Fossa C&E. Lt. Parieto-Occipital craniotomy and excision of SOL.	Good Good	Re-exploration cruziotomy and excision of residual tumor and thirf vertriculistomy
Andii Aziz Omar Tazza — Omar		48 23Y 87 24Y	M	В	N N	Rt. Temporal	Atypical central neurocytoma Genglioglioma GI	Rt. Pterional C&E	Good	re-represented statements and statement in residual nature and their verticalisations.
Siltan Omar	i 5659	23 19Y	M	В	N	Rt. Tempo-Parietal	GBM 4	Rt. Tempo-Parietal C&E	Good	
Authal Omar Ghalaf O		130 56Y 163 61Y	M	B	N N	Rt. Temporal Multiple	GMB grade 4 Mets form lung carcinoma	Rt. Fronto Tempro Parietal craniotomy and total exciscion of SOI Rt. Frontal C&E	Good Good	
Ordal Hake Omar		68 54Y	M	В	N	Rt. Parieto Occipital	Mets from RCC	Rt. Parieto occipital C&E	Good	K/C of RCC
Minan Yeme	ni 9501	81 23Y	М	В	N	Rt. Frontal	Oligoastrocytoma G2	Bi-ceronal BiFrontal C&E	Good	
Bader Omar Vedallah Omar		95 30Y 99 63Y	M	B Brain	N N	Rt. Temporal Pituitary	Oligodendroglioma Pitiutary adenoma	Rt. Temporal C&E Trans nasal / trans spheriodal excision of SOL	Good Good	
Mohammed Omar		68 54Y	M	В	N	Clivus	Chordona	1t. sided retronastoid craniotomy and excision of SOL	Hezdathe	
larub Omar	i 7830	30 72Y	М	Brain	N	Lt. Parietal	Carcinoma mets	Lt. Parietal craintumy and exicion of SOL	K/C of small cell Ca, received chemo and prophylactic br	
ishna Omar Rashid Omar		89 19Y 74 38Y	F M	Brain Brain	N N	Lt. CPA Lt.CP angle	Schwanoma Schwanoma	Lt. Sided retromastiod craintomy and excision of SOL. Lt. Retromastiod craintomy and excision of SOL.	Lt. sided facial palsy Mild fascial palsy	For second stage surgery
Ribera Omar		79 47Y	F	В	N	Pituitary	Adetoma	Trans Spheniodal excision of pituitary adenoma	Mild heatache	
ładaya oman		79 61 Y	F	Brain	N	Rt. CP angle	Meningothelial Meningioma WHO-1	Rizetromasteid and excision of RiCP angle meningioma	Monthly F/U OK, GCS/Motor and sesory	
Nacerna Omar Ram Jan Al indiar		199 23Y 162 29 Y	F M	Brain Brain	N N	Pituitary 3ed ventricle	Pituitary adenoma Craniopharyngioma WHO-I	Trans-spheniadal excision of pituitary adenoma Righterional craniotomy and excision of 3ed ventricular tumor	No complain No F.U. Expatriate pt	
takiya oman		130 40 Y	F	Brain	N	Lifrontal	Meningiona WHO-I	Lifrontal craniotomy and excision of lesion	OK	
Selainan oman		42 34 Y	M	Brain	N	Pitutary	Fituitary adenoma	Trans-sphenoidal excision of pituitary adenoma	0K	
lashimah Omar Arif O		66 45Y 93 31Y	F M	Brain R	N O	Petroclival Lt. Frontal	Meniniothelial meningioma Grade I Oligoastrucytoma G 2	Rt. Sided presigmised subtemporal approach for 1st stage excision Not operated / LAMA	Operated again in 7/17 for angiomatous meningioma Grad Operated for Recurrent turner in 10/17	de l
lancod Omar		26 65 Y	M	Brain	N	Pituitary	Fituitary adenoma	trans-ophenoidal excision of pitaitary adenoma	Operated for residual Pituitary adenoma on 5/17	
lamond oman		26 65 Y	М	Brain	0	Pituitary	Fituitary adenoma	trans-sphenoidal excision of pitatiary adenoma	Operated for residual Pituitary adenoma on 5/17	
Muna Omar Nasta O		158 39Y 109 30Y	F	Brain R	N O	Rt. Frental Rt. CP angle	Astrocytoma Grade 2 Schwanoma	Rt. Frontal enainetemy and exiction of SOL. Rt. Retromastical subsectipite; craiotomy and excision of CPA tun	Residual turner in MRI, referred to radiotherapy + develop « Bt Execus) noise + Diloted contributes	ped sicenze post up Operated on 4/17 for meningioma
Seliman Omar		61 45Y	М	Brain	N	Lt. Parietal	Astrocytema Grade 2	Rt. Parietal awake craismtomy and excision of panasagital SOL		of position and the Control of Co
Nisha Omar		64 60Y	F	В	N	Mutiple	Mets adenocarcinama from Colon	Lt. Parieto-Occipital C&E	Siezure + H/A	
Fatma Omar Musah Omar		24 60Y 173 6Y	M	Brain Brain	N N	Rt. Spheniod / Parasellar	Meningiorna Medulioblatorna Grade 4	Rt. SupraOrbita; craiotomy and excision of SOL Post. Fossa craniotomy and excision of SOL	surgical site infection VP shunt inserted	
leuia Omar		21 39Y	F	В	N	Suprasellar	9	Not operated / LAMA		
Azza Omar		26 51Y	F	В	0	Multiple lesions	7	Not operated / LAMA		
Mariyam Omar Shatha Omar		78 2Y 21 10Y	F	B R	N O	Post. Fossa Lt. TemporoParietal	? Edendymoma ? Edendymoma	Not operated For pallaitavie care Re-exploration C&E		Operated or 2012 for epondymorna
insho Omar	i 9583	11 63 Y	F	Brain	N	Lt Prarieto-Occipital	? GBM	Not Operated / Not return from O/P		
Samera Omar		00 26Y	F	B R	N N	Michrain	? Glioma	Not operated/		
Aysha Omar Bishara Omar		44 61Y 121 90Y	F	B Brain	N N	Lt. Cavernous sinus Lt. Temporal	? Meningioma ? Meningioma	Not operated / Not return from O/P Not Operated Low Kamofsky Score		
Asila Omar	i 7075	56 33 Y	F	Brain	N	Lt.Spheniod wing	? Meningioma	Not Operated / Progrant		
kileema Omar Aavar Omar		67 65 Y 149 14Y	F	Brain Brain	N O	Rt.Prarietal Supravellor + Rt Partine	? Meningioma ? Recurrent Astrocutuma erade ?	Not Operated / refused LAMA		Operated case in 2008 for supra-orbital emisterny and excision of lesion. WP: Apophicod Astrocytoma G2
Vayar Omar Tashimah Omar		149 14Y 166 45Y	F	Brain Brain	N	Suprasellar + Rt.Pontine Petroclival	? Recurrent Astrocytoma grade 2 angiomatous meringioma Grade 1	Not operated / for Radio-chemo and Palitative Rt. Retromastied cranietomy and excision of SOL		 преднесс част и съоз их варта отнъп станится ана ексизоп от зекот. 10-7. Арприход Автосунита Од.
aya Omar	i 9342	92 63Y	F	Brain	N	Lt. Parietal	Atypical meningioma	LT. Frontal cariomtomy and excision of SOL		
laya Omar		109 29Y 171 3Y	F	B Brain	N N	Rt. Frontal Clivus	Atypical meningioma G2 Chordoma	BiFrental C&E 1. Rt Rebornastrid craniotomy and decompression of clival choic	and Samuel the transfer Landson at 19 and 19	and
liyan Omar lara Omar		51 25Y	F	Brain Brain	N N	Lt.Cerebellum		 Rt Retromastoid craniotomy and excision of lesion 	ome. 2. Second stage transitial decopriression of cityal cito	roma
Marites Das Filipis	to 10037.	27 45Y	F	В	N	Cerebellar	Ependymona	Midline subOccipital C&E		
Neer Omar		31 5Y	F	brzin D	N N	Lt Parietal	GBM, NOS WHO 4	Not Operated / refused LAMA		Country with far without SCV
Fatma Omar zwrau Omar		13 43Y 19 13 Y	F	B Brain	N 0	Rt. Frental Cerebellar vermis	GMB grade 4 Low grade glioma with atypical feature	Rt. Fronto Parietal Craintomy and excision of SOL s Midline posterior fossa cariotomy and excision of lesion		Operfied again for residual SOL
lahf ()	8989	91 2Y	F	В	N		Medulloblastoma	Post. Fossa. C & E		
fahfoudha Omar		73 49Y	F	Brain	N	Rt. Parietal	Meningiona Grade I	Rt. Fronto Parietal Caristomy and excision of SOL		
asta Omar afsa Omar		194 60 Y 182 29Y	F	Brain Brain	N N	Lt.cerebellar surface Rt.Parietal	Meningioma WHO I Metastatic Adenocarcinoma	Lt.midline subsocipital craniotemy Rt.Fronto-Parietal Craniotomy and excision of lesion		
icha Omar	i 9433	74 71Y	F	В	N	Cerebro-Pontine	Mets form lung carcinoma	Net operated / chemo + Radio		
kanaz Omar		24 41Y	F	Brain	N	Pituitary	Fituitary macroadenoma?	Rt.Petrional Craniotomy and excision of pitiutary adenoma		
lainab Omar lahma Omar		195 36Y 165 20Y	F	B Brain	N O	Rt. Thigh Post. Fossa	Schwanoma Tancycyctic ependymoma grade 2	Excision of Rt. Peripheral N sheath tumor Midline subOccipital C&E		Operated in Theiland for Pox.foxsa craniotomy and excision of 4th ventricular lesion
anma Omar Elal Omar		RO 201 NO 74Y	M	Brain Brain	N N	Forarrin of Monro	nancycycus epesaymoma grace 2 ?	Not Operated / LAMA		Operated in a material for Pos. rossa cranominy and excision of son ventricular sesson. No ICU bed.
Vráullah ()	3997	17 15Y	М	В	N	Suprasellar	? Craniopharyngima	Not operated / LAMA		
luncid onari		03 44 Y	M	brzin	N	suprasellar	? Craniopharyngioma	Not Operated / Not return from O/P		
Italid Omar hehab Omar		28 27Y ISB 5 Y	M	Brain Brain	N N	Brain stem Pens	? Diffuse Glisma ? Diffuse partine glioma	Not Operated For Stereotactic Radiotherpay Abroad Not Operated / Not return from O/P		went to thailand
lamman Omar Jamman Omar		61 56Y	M	Brain Brain	N N	Pons Rt.Temponal	? GBM	Not Operated / Not return from O/P		There he haddened
Achammed Omar	i 8735	27 22Y	М	В	N	Pest. Fossa	? Medulloblasterna	Not operated LAMA		
kijma Omar Israel Omar		41 61Y 65 76Y	M	В	0 N	Olfactory groove	7 Meningioma 2 Meningioma	Not operated Not operated For treatment abroad - need oculorisative suppose.		Operated in 1994 for meningioma
latted Ottar lateon Bangi		65 76Y 67 36Y	M	B Brain	N N	Lt. Paracavernous Multiple brain lesions	? Meningioma ? Metastasis	Not operated For treatment abroad : need oculoplastic surgeon Not Operated / non omari /travelled		
Virned Omar	i 9318	62 55Y	M	Brain	N	Multiple SOL	? Mets from Rt.lung neoplastic lesion	Not operated Referresd to Radio oncology		
		79 12Y	и	Brain	N	Lt.Frontal	? Oligodendroglisma	NOt operated / LAMA		

Figure 4. Master chart of the study

In non operated category 13 patients refused surgery here and travelled to other centersabroad. 11 cases were sent for radio/chemo without surgical intervention. 5 cases were not operated in view of poor general condition. 1 case was referred abroad in view of lack of technical expertise here. 5 cases went out on pass for social reasons but did not return back. 2 cases were in miscellaneous category.

We had 6 mortalities in the group. 2 patients were of HIV and they finally succumbed. 1 patient of oligoastrocytoma expired in postoperative period. 1 case of anaplastic ependymoma was also lost. 1 case of craniopharyngioma was lost due to uncontrolled metabolic anomalies. One case expired which was not operated in view of poor general condition.

Pseudoprogression of tumours in follow up studies is an important factor to be kept in mind and studies like arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging to be made use of.

Patients were subjected to standard management by investigating modalities of CT and MRI and followed by craniotomies or laminectomies with excision or decompression of the tumor wherever needed. Outcome is of international standard. As per histopathology radiation or chemotherapy was given as per the case.

4. Discussion

In review of literature as per Chang-Hyun Lee in 2010 in Korea the incidence of meningioma amounted to 31.2% of all brain tumors. Glioblastoma amounted to be 30.7% of all gliiomas. In children under 19 years germ cell tumors and medulloblastomas were the common tumor seen. [1]

Vastrad B in 2017 studied the underlying genetic mechanism of the pathogenesis of gliomas and glioblastomas and found the DEGs, such as MYC, FGFR1, CDKN2A, HOXA10 and MET, may be used for targeted diagnosis and treatment of gliomas and glioblastoma. [2]

Lijuan Bo in 2017 further studied the genetic mechanism of gliobalstoma. [3]

Sandberg CJ in 2013 studied comparison of glioma stem cells to neural stem cells from the adult human brain identifies dysregulatedWnt- signaling and a fingerprint associated with clinical outcome. [4]

Aghayanglkashaniin 2015 studied tumors of the central nervous system over a 18-year retrospective review in a Tertiary Pediatric Referral Center in Iran and concluded 53 % of brain tumours to be superatentorial. [5]

Chu TPC in 2018 studied how Do Biological Characteristics of Primary Intracranial Tumors Affect Their Clinical Presentation in Children and Young Adults. [6]

Chu TP in 2016 also studies where are the opportunities for an earlier diagnosis of primary intracranial tumours in children and young adults? [7]

ThustSc in 2018 studied the pseudoprogression of brain tumors, as shown in radiological investigations. [8]

Liu ZC in 2017 further studied combination of IVIM-DWI and 3D-ASL for differentiating true progression from pseudoprogression of Glioblastomamultiforme after concurrent chemoradiotherapy: study protocol of a prospective diagnostic trial [9]

Choi YJ in 2013 further emphasized on pseudoprogression in patients with glioblastoma: added value of arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging [10]

5. Conclusion

Our study further emphasises the incidence of brain tumours in a sector of population comparable to the data revealed by the other studies. Meningiomas making the bulk of it and medulloblastomas remaining the common paediatric tumour. Pseudoprogression of tumours also an important factor to be considered and to be avoided by making use of studies like arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging [10].

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